



**Responsibilities** - Assist our **Sports Performance** or Integrated Sports Medicine Staff in all aspects of developing and implementing strength, conditioning, speed/agility, corrective exercise strategies, and recovery protocols for participating Clients.

**Learning Outcomes:**

Individuals who join our team will gain knowledge and experience working in a highly skilled **Sports Performance** and Sports Medicine environment. Each week you will shadow, observe, and participate in the development of services we offer to our clients and athletes ranging from youth to adult, collegiate, elite, and professional. Our team utilizes a comprehensive performance training system centered around excellence in all aspects from program management to recovery. We offer a unique approach to performance training that incorporates state of the art integrated sports medicine along with dietetic counseling, mindset development, biomechanics assessments, a full array of recovery modalities included in our incredible facilities. Interns will participate in presentations and several learning and growth opportunities that are available to our staff. We hope that each intern will walk away with an in-depth understanding of why it is that Mamba Sports Academy stands out in the world of athletic and human performance development.

Spring Interns have the potential to work with the NFL Combine preparation program & NBA Pre-Draft Summer Interns have the potential to work with our NFL off-season training, NBA and NBA Pre-Draft We are looking for Future Strength and Conditioning Coaches.

**Ideal Candidates:**

We are looking for sharp, enthusiastic, driven, and athletic individuals who believe that they can make a positive impact in the lives of people from all walks of life. These individuals should have or be pursuing a Bachelor/Graduate degree in Exercise Science or related field, although not required. They should be interested in an industry certification such as NSCA-CSCS, NSCA-CPT, ACSM, NASM-CPT, NATA-BOC, etc., **and possess a strong desire to become a professional in the fields of: Strength and Conditioning**, personal training, athletic training, or physical therapy. Eligibility for this internship may depend on being able to receive academic credit for participation and completion. We recommend that you speak with your academic advisor when submitting your application to our internship program as it may affect our applicant selection process.

**Internship Logistics:**

If you are selected to participate in the Sports Academy: Sports Performance Internship, you will be responsible for the following as this is a **non-paid internship**

- Finding, securing, and funding your own housing for the duration of the internship
- Booking and funding your travel and relocating to the location of your internship prior to the start date
- Funding all food and transportation costs for the duration of your internship

**Qualifications**

**Basic Qualifications:**

- Should be receiving college credit through undergraduate, or graduate classes
- Must be eligible for work in the USA.
- Should be enrolled in a 4 year or master's program specializing in sport science, kinesiology, exercise physiology, exercise science, etc
- Must be able to dedicate at least **25 hours/week** worth of work for the **16 weeks**
- **\*\*If Only available for 12 weeks**, must be willing to dedicate up to **35 hours/week**
- Must be interested in the field of Sports Performance (Strength & Conditioning) and/or Sports Medicine



**Preferred Qualifications:**

- Proficient with Anatomy
- Computer Literate-Word and Excel
- Excellent communications skills
- Attention to Detail
- Proactive and action oriented
- Certified in First Aid/CPR for the duration of the internship term

**Physical Requirements:**

- Must be able to lift up to 50 pounds unassisted repeatedly throughout the workday.
- Perform basic physical requirements of this job such as frequent walking around and demonstrating and assisting with exercise movements; bending, stretching, lifting, pushing, pulling, squatting sprinting, throwing and jumping are movements performed daily.
- Physicality is key to success in this program

**We are an equal opportunity employer**

Sports Academy is an equal opportunity employer. All qualified applicants will receive consideration without regard to race, creed, gender, marital status, sexual orientation, color, religion, national origin, age, disability, veteran status, or any other status protected under local, state, or federal laws. Applicants must be eligible to work in the USA.

Previous experience in an intercollegiate strength and conditioning program preferred. This is a **non-paid** internship position. The successful applicant(s) would preferably receive course credit towards graduation.

**Internship Dates:**

- "Fall" From Sept. 2, 2019 to Dec. 20, 2019
- "Spring" From Jan. 06, 2020 to Apr. 24, 2020
- "Summer" From May 04, 2020 to Aug. 21, 2020
- "Fall" From Aug. 31, 2020 to Dec. 18, 2020

**Application Deadlines:**

- \*Fall\* 2019 -Closed-
- \*Spring\* December 13, 2019
- \*Summer\* March 30, 2020
- \*Fall\* July 27, 2020

To apply: Submit Letter of Application, Resume and Two References to ----

- [Taylor@Mambasa.com](mailto:Taylor@Mambasa.com) Director, Sports Performance Internships